



UPSIDE
R E S T A U R A N T

*Dishing you a blend of French,
Mediterranean Italian Classics &
Local Cuisine.*





Starters

Hot Starters

Fried Calamari	GhC 80
Grilled Lobster Tail	GhC 200
Spring Roll (4 pieces)	GhC 30
Samosa (4 pieces)	GhC 30
Algerian Shrimps	GhC 110
Squid with Tomato Sauce	GhC 100
Golden Fried Prawns	GhC 100
Spicy Chicken Wings (Honey glazed or Crispy)	GhC 60
Fish Soup	GhC 85
Beef or Chicken Khebab (4 Sticks)	GhC 95
Chicken Soup	GhC 60
Spicy Ribs (Lamb or Pork)	GhC 150
Onion Soup (gratinee)	GhC 80

Cold Starters

Shrimp Cocktail	GhC 110
Seafood Salad	GhC 150
Chicken Salad	GhC 90
Tuna Salad	GhC 80
Grouper Carpaccio	GhC 120
Salmon Carpaccio	GhC 120

****Please alert your waiter or waitress of any food allergies.****

Restaurant Hours: Lunch 12 Noon till 3pm / Dinner 6pm till 11pm

All Prices are VAT Inclusive



Continental Main

Meat

Beef Filet	GhC 295
Ribeye Steak	GhC 315
T-Bone Steak	GhC 400
Beef Tenderloin with mushroom cream sauce	GhC 300
Pork Chops	GhC 195
Lamb Chops	GhC 250
Chicken Breast Portuguese style	GhC 150
Grilled Chicken with Provencal Sauce	GhC 100
Duck Thigh with Orange Sauce	GhC 150
Grilled or Fried Goat	GhC 105
Beef Shawarma	GhC 85
Chicken Shawarma	GhC 85
Beef & Chicken Shawarma	GhC 85

NB: All meat goes with one of the following sauce: Sauce Poivre, Sauce Forestiere, Sauce Moutarde, Sauce Roquefort



Seafood

Sole Fish with meuniere sauce	GhC 200
Rotie Sole Fish with garlic	GhC 200
Garlic Lobster in herb butter sauce	GhC 340
Lobster Thermidor	GhC 370
Grilled Jumbo Shrimps garlic & herb butter sauce	GhC 280
Sole Fillet Normande	GhC 250



Continental Main

Seafood

Salmon oven olive	GhC 300
Grouper or Salmon with ginger sauce	GhC 240
Grouper or Salmon Mediterranean Style	GhC 265
Grouper or Salmon Gratin with Mozzarella	GhC 270
Salmon w/ harissa sauce,yogurt & fresh Mint	GhC 350
Seafood Pasta made with gruyere cheese	GhC 360

Free side dish (served with either Meat or Seafood Main Dish)

Plain Rice, Jollof Rice, Fried Rice, Sauteed Potato, Potato Gratin or Yam Chips

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Classic Italian

Pasta

Spaghetti with Meatballs with Tomato Sauce	GhC 125
Shrimp and Chicken Carbonara	GhC 115
Shrimp Scampi	GhC 125
Spaghetti Carbonara	GhC 115
Seafood Alfredo	GhC 170
Chicken Alfredo	GhC 135
Shrimp Alfredo	GhC 155

Pizza

Seafood Pizza	GhC 140
Vegetable Pizza	GhC 90
Meat Lovers Pizza	GhC 150
Pepperoni Pizza	GhC 100
Beef Pizza	GhC 130

Above prices are for personal pan pizzas. For larger pizzas, please inquire with your Waiter or waitress.

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Burgers

Beef Burger served with a side of French fries	GhC 85
Beef, Bacon and Cheeseburger served with a side of French fries	GhC 95
Chicken Burger served with a side of French fries	GhC 75
Double Beef Burger served with a side of French fries	GhC 100



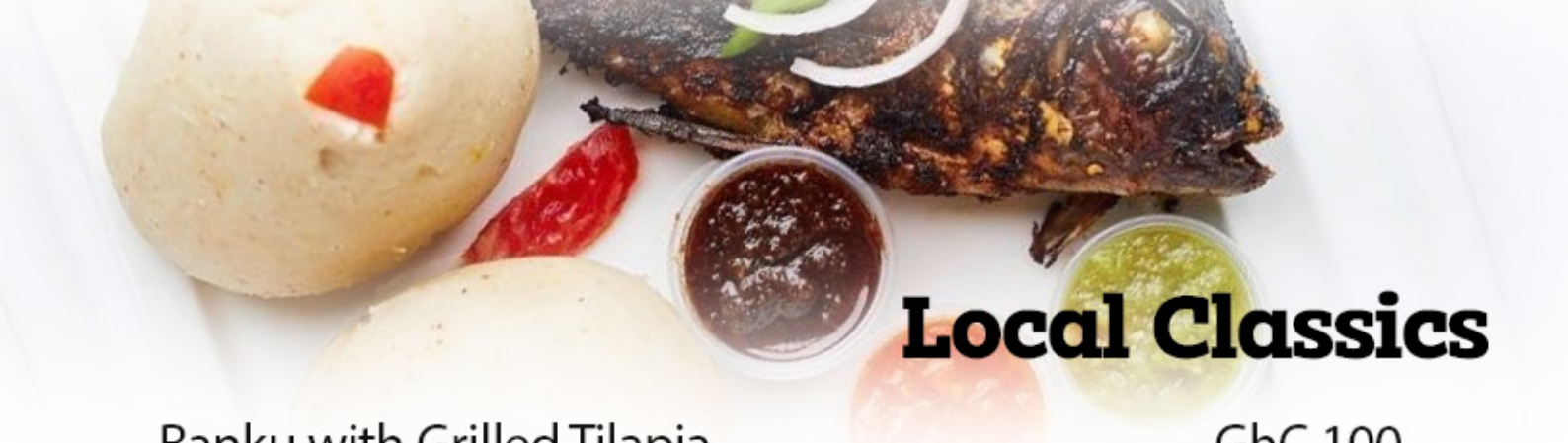
Extra Side Dishes

Jollof Rice	GhC 60
Vegetable Fried Rice	GhC 60
Shrimp Fried Rice	GhC 80
Steamed Rice	GhC 50
Sauteed Vegetable	GhC 30
Mashed Potatoes	GhC 50
French Fries	GhC 30
Yam Chips	GhC 50
Linguini Pasta tossed with garlic and herbs	GhC 60

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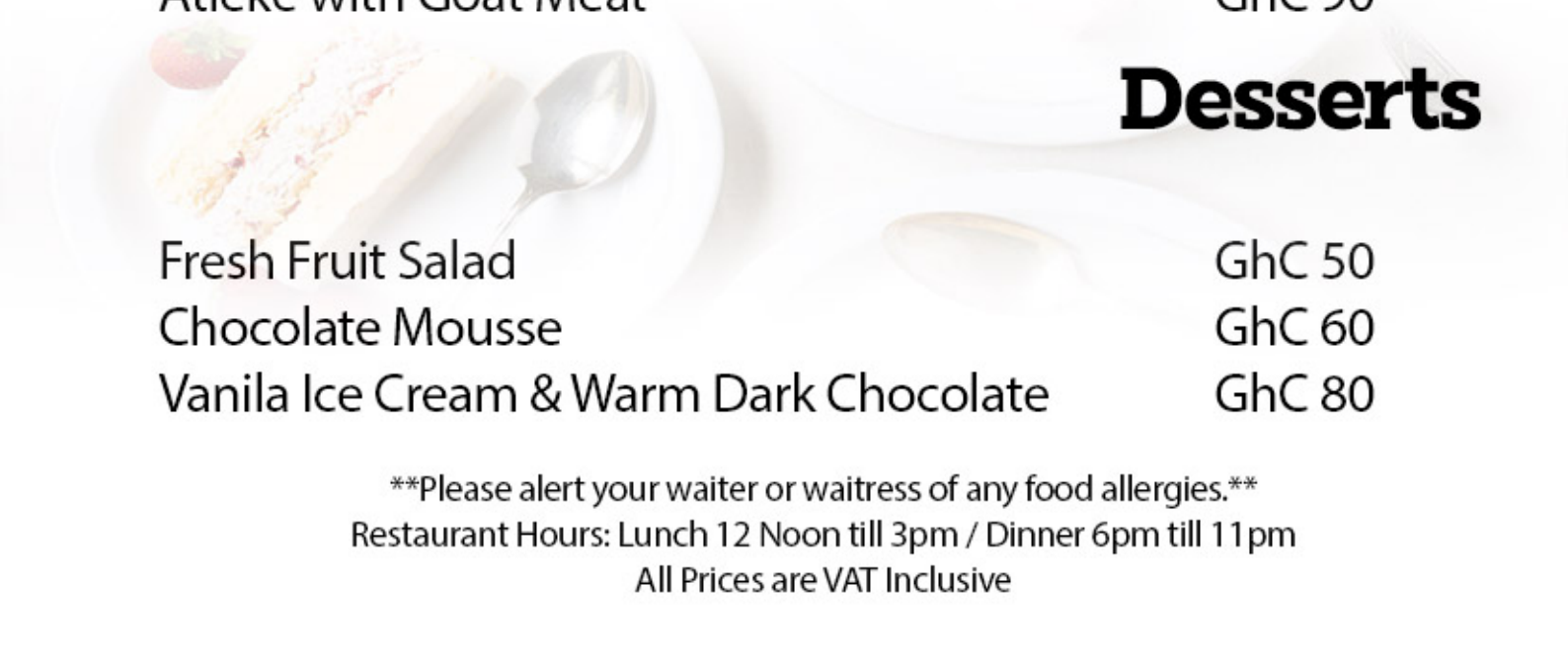
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Local Classics

Banku with Grilled Tilapia	GhC 100
Banku with Okro Soup (mixed meat)	GhC 125
Palava Sauce w/ Goat Meat & Boiled Yam	GhC 95
Palava Sauce w/ Goat Meat & Rice	GhC 85
Omotuo with Groundnut/Palmnut Soup & Goat Meat	GhC 90
Omotuo with Groundnut/Palmnut Soup & Mixed Meat (Goat, Dried fish, Salmon)	GhC 125
Garden Egg Stew w/ Goat Meat & Boiled Yam / Plantain	GhC 95
Garden Egg Stew w/ Mixed Meat & Boiled Yam / Plantain	GhC 125
Angwamu Special w/ Goat Meat, fried Egg, Sausage, Sardine, avocado and Pepper	GhC 125
Atieke with Grilled Tilapia	GhC 100
Atieke with Goat Meat	GhC 90



Desserts

Fresh Fruit Salad	GhC 50
Chocolate Mousse	GhC 60
Vanila Ice Cream & Warm Dark Chocolate	GhC 80

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For Reservations or Delivery,
please call **059 807 4118 / 050 275 5888**

Large orders, corporate and
private events are **welcomed**